

CHOICES

A Quarterly Newsletter about Self-Determination in Dane County

> Vol. 10 No. 1 March 2009

LOV-Dane Intern Builds Community Circles

by Jeffrey Johnson

NEW EVENT!

The Spring Ball

Sunday, March 22 2 pm to 5 pm

See Page 11 for details

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aura Singler is a graduate student in Social Work at UW-Madison. Laura is an intern with LOV-Dane. LOV-Dane works with families and young adults on community organizing. This organization is a group of individuals with disabilities, their families, friends and allies committed to creating community centered lives. This involves having family, friends and choices.

LOV-Dane is working to ensure that adults with disabilities are valued members of our community through employment, neighborhood involvement and meaningful relationships. Laura likes grassroots advocacy work and helping people with disabilities work in the community.

aura is working on a project called circle building with LOV-Dane. Circle building helps bring people together. Their circle members are family members, paid and unpaid staff, friends and community members. The circle building is about making sure someone's supports



are ongoing through their life.

here is another project Laura is working with LOV-Dane on. The LOV-Dane members will be helping out at the Timebank Open House on the East side. The Timebank is a very good tool for everyone in Dane County and can be really helpful for people with disabilities. People can provide their services and talents to someone else. For every hour you provide your skills you earn a Time dollar. The Time dollars are not real money. A person can spend their Time dollars by purchasing something that another Timebank

member is offering.

he third project Laura is working on with LOV-Dane is community connections. She feels that community connections can provide good support for people throughout their life. Laura feels it is important that individuals with disabilities have relationships with people in their community. Laura works on finding out from the LOV-Dane members what their

interests are. Laura then finds community members who might share their interests and who need volunteers. As time goes on, she hopes to find connections for all of the LOV-Dane members.

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DAN SEZ



Dan Rossiter is the Manager of Developmental Disabilities Services at Dane County Human Services

INTERVIEW WITH MR. DAN ROSSITER

by Dan Remick on Thursday, January 29, 2009

1. What kind of new changes will there be for people with disabilities who live in their own apartment?

When two individuals who are supported by different agencies want to move in together they are working to get a third party to support them living together.

2. The budget is very small and there are a lot of people with disabilities in Dane County who are very worried about this. Should they be worried?

It will be a long process. Family Care will not cost more money and waiting lists will continue to grow. The federal Government created a waiver called self directed supports (IRIS). Dane County will have to choose IRIS or family care in the next 4 to 5 years.

3. With the budget as it is now, do we have to worry about agencies cutting or ending services due to lack of money?

Yes, agencies will have to cut back. People may have more roommates then they previously had. This is a less expensive way to provide support. In supported employment rather than having a job coach they will pay the company to do the coaching.

4. What do you think the future will be like for people with disabilities?

It may be another 4 years before things start to look better. 5 years ago there were 90 people who were 60 and older and now there are 175 people over 60. They are working on figuring out what to do with older adults.

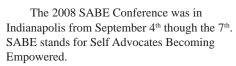
5. Do you know if Southern Wisconsin Center will be closing?

The only thing holding up the movement out of Southern Center is that they can't get parents to agree to move their children out. Parents like knowing where their children are.

SELF-ADVOCATES BECOMING EMPOWERED

Jeffrey and Kate at the SABE Conference in Indianapolis

by Jeffrey Johnson



Friday Kate and I drove on down to Indianapolis for the SABE Conference. We got there at 5:15 on Friday September 5th.

We went to watch a movie called Born on the fourth of July. It was not Born on the Fourth of July. The movie that was showing was I am Sam. They had the right movie just had it on the wrong day playing Born on the first of July on Sunday September 7th.

The first breakout I went to was on Saturday September 6th. It was called Making It On Your Own. Betty was interviewing Kevin to be her case manager.

During their skit Kevin told her who he was. He did not give Betty a chance to tell him who she was. After the skit they asked the audience how it went. The audience agreed that it was not too good. Then they started over again. This time Kevin told

her who he was. When he was done he asked her who she was. She said my name is Betty and I want to hire you as my case manager. Kevin had all of Betty's information at his office but I wanted to meet Betty face to face.

When that one was over with I went to the next one on leadership. We got a packet of leadership information. In the packet there were resources like Leadership links. There were two brochures and several of articles on leadership. We got a book on leadership development too. All of this information is to help you and others how to be a good leader or leaders of your self advocacy group.

The last breakout session was about high school mentors. The person speaking was a high school mentor and also a job coach. He told all of us how he helped people with disabilities find a job they liked.

When Sunday came, Kate and I went to the closing ceremony. They showed a video of Obama. Then we checked out of our hotel and packed up our bags and headed on home.



Finding Power in Indianapolis



CHOICES is sponsored by Dane County Dept of Human Services, Adult Community Services Division, Madison Wisconsin MARCH 2009 Page 3

Learning to Walk Again

Robin Kerl's Miracle

by Jeffrey Johnson

Robin's injury happened on June 11, 1999 when she and her boyfriend David got done with work at Wal-Mart on Watts Road at about 4:30 pm. They were walking to David's car when Robin's ex-boyfriend came out of the bushes. He shot both of them then afterward he shot himself.

Robin's ex-boyfriend shot David first and he died on the way to the hospital. She is still alive today because she got to the hospital very fast. The paramedics called Med Flight and took Robin to UW hospital where she was in surgery for five hours. Surely this seemed like forever to her mom.



Robin was in the hospital for four months and then she went to a rehab facility for 6 more months. Robin was away from her home for about a year.

Robin went through a lot to get better. She couldn't eat or drink on her own for a long time. Since Robin's left ear got shot when she was injured, they had to fix it the best they could with plastic surgery. Robin's ear doesn't bend like a normal ear does. They had to put a hearing aid in her left ear so fluid doesn't build up in it. Robin cannot smell or taste things unless they are very strong. Also Robin had to thicken all of her drinks except for V8 to get the proper consistency. Robin can not see very well out of her left eye from the injury. Robin was left handed so that made it very difficult for Robin at first, but now she is learning how to use her right hand for more things.

The doctor told Robin's mom that she was as hurt she could be without being dead. Robin was told that she would not be able to walk on her own. Robin's biggest goal is to regain her balance and be able to walk on her own without assistance. Robin continues to push herself everyday with more challenging balance exercises and by staying active in the community. Robin goes and works out at Sports Medicine three days a week for two and half hours.

Robin was in the Infoshare Fashion Show in August. Robin enjoyed dressing up and getting her hair and make up done. She said the most important thing to her was her faith which helped her walk down the runway on her own.

Every Wednesday afternoon Robin attends Bible study which she enjoys very much. She also goes to church on Sundays. It helps her feel much better. Jesus helped Robin to live through her injury and also inspired Robin to walk again. Many people didn't believe she would make it, but she did make it by asking God for help and keeping faith and hope alive. We are very happy that she is alive and well and hope for her continued success.

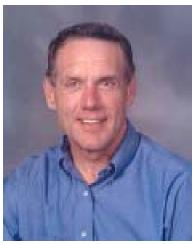
Meet Paul White

Waisman Center Program Manager

by Catherine E. Clodius

I had the pleasure of sitting down and talking with Paul White of the Waisman Center.

My first question of Paul was of his background and he has a BA in Psychology and a Masters in Psychology and Education Psychology. Paul worked in the 70's for children with developmental and emotional challenges. Then in the 80's he worked for Orchard Hill



Program Manager, Waisman Community Outreach Center

with 96 consumers with behavioral challenges as the Behavior Treatment Director. Now Paul is working for the Waisman Center as the Program Manager for the Waisman Community Outreach Center. Paul is the director of Community Ties, Sound Response, training and consultation, and Voices, and works with Dane County to support consumers well in these programs.

The history of the Waisman Center started in the 1970's with the Kennedy family giving money to create these centers which the Waisman Center is one of them. The Waisman Center opened in 1973 and is named after the late Dr. Harry Waisman who was a Pediatrician, biochemist and pioneer in Mental Retardation. There are two parts to the Waisman Center. One is revolved around research including Stem Cell research, human development and intellectual challenges, and the University Center for Excellence. Paul really wants all individuals to know that the Waisman Center is there to support families who have a child with a disability with inclusiveness.

The Waisman Center gets funding from Dane County but the budgets are really tight and that it means doing the same amount of work with less money. The Waisman Center continues to be important for families with disabilities. The Waisman Center has two locations one is located on the west edge of the University campus and the outreach office is located on Olin Ave.

EDITOR: Let me add a personal note that <u>Dr.</u>
<u>Waisman</u> was Catherine's pediatrician for a couple of years back in the 1950's

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DORA'S PET CORNER

THE LIFE OF CATS

by Dora Norland and Diane Christoph

For this issue I learned all about

cats. Diane has four cats. All of these cats were foster cats in her home before she adopted them. When you foster a cat, you make a space for them in your home where they live until they can be adopted. Diane

fostered cats from Angel's Wish and the Dane County Humane Society.

Molly and Bear were found in a garage with three other kittens, called littermates. The kittens were four weeks old. They couldn't find the kitten's mother so they all were taken to the Humane Society because the kittens were too young to live on their own. The whole litter of 5 kittens went to Diane's house when they were 5 weeks old.

Molly, a black cat with short hair, is now 1½ years old. One of her favorite toys is a toy mouse that rattles. Molly also loves to climb high up on everything!! She loves to watch birds out the window. Molly is a very shy cat.

Bear, Molly's brother, is also 1½



years old.

Molly and Bear

Bear is also black with short hair. One of Bear's favorite toys are glitter balls but he likes catnip a whole lot too. Bear isn't as shy as Molly, but he takes his time getting to know you.

Abby was found on the side of the

road after she was hit by a car. She was 8 months old and had a broken leg. Abby went to Diane's when she was about 10 months old. Diane had to take care of her when she had a cast on her broken leg. Abby is almost three years old now. She is a grey tabby. Abby's favorite thing to do is go outside on the patio and she even goes out in the winter!! She likes to meet new people and isn't shy like Molly and Bear.

Dodger's first family didn't want him any more so they gave him away when he was 4½ years old. He came to live with Diane. He is nine years old now. Dodger's favorite toys are catnip pillows. Dodger is a grey cat with short hair and he is very friendly.

All of the cats eat both canned and dry food. Abby is fussy about her food and Bear

will eat almost anything! None of the cats like riding in the car or going to the vet. Dodger and Abby are photogenic. Check out their pictures!

So that's the story of Diane's cats.

How To Be Involved with Special Olympics

by Emily Datta

Are you a regular sports nut?! Would you like to be part of the Special Olympic program with your friends and everybody else? If you are a sports nut this program is for you and everyone. My friends and I are also involved in the Special Olympic program too, come along with us and we can show everyone and you around.



First in this program there are active and involved teachers, coaches, and parents who are involved with us kids and our activities. The coaches and teachers are there to help train the athletes to practice their basic skills that are required for being involved in any sporting events, such as swimming, bowling, tennis, bocce, volleyball, and basketball.

Second this Special Olympic program encourages both family and friends to be social and stay connected together as a group. Not only do you meet new people and make new friends you can also chat with them on the phone, travel by coach buses to district and state level tournaments, even go out together on the weekends sometime.

Next in this Special Olympic program it is a family friendly relaxed environment where a kid can be a kid who is happy and healthy with everyone!

In conclusion to this Special Olympics story it is a great program to be a part of and to be involved in.

EmployAlliance Shares Ideas About How to Find Jobs

by Jeffrey Johnson

I interviewed Molly Damon from EmployAlliance. Molly is the EmployAlliance coordinator. The people that are in this group are job developers, transition teachers from High Schools, and Vocational agencies, and brokers. This group shares ideas about how to find jobs. They work to find a good job match for people with both developmental disabilities and mental disabilities.

EmployAlliance's mission is to "Establish partnerships with businesses to assist them in recruiting and maintaining a qualified and diverse workforce."

The meetings are setup by Molly. The meetings are once per month. If you would like to learn more, contact Molly Damon at mollyd@pcsdane.org or by phone at 608-333-9694.

EmployAlliance got started in Chicago in 2001. Molly was a job developer while working there. She moved to Madison and was able to bring the model with her to Madison with their permission. They advocate for best practices and work on potential work barriers.

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BROKERS VISIT ARGENTINA

by Jeffrey Johnson



Argentina has some

of the same services

that the U.S. does

and also some

differences, but

people in both

communities like to

tango and do the

chicken dance...

indy Connors and Amber
Blanchard left for Argentina on
March 15th, 2008 and came
back four weeks later.

The US and Argentina both have Rotary Clubs. This trip was hosted by Rotary International, who sent five members from Wisconsin to Argentina. They gave a presentation about their trip to Argentina when they returned. They talked about

what they learned about services in Argentina compared to the U.S. system. Argentina has some of the same services that the U.S. does. I also learned how different their services can be from ours.

The U.S. and Argentina both have the Birth to 3 programs. U.S. and

Argentina both have sheltered workshops. The U.S. and Argentina both have employment services. The U.S. and Argentina both have day center services for people with disabilities. Both groups like to tango and do the chicken dance.

The U.S. and Argentina both have institutions. We have state institutions. They have public institutions. Both countries want people to live in the community.

They both have advocacy groups. The U.S. and Argentina both like people to have a choice.

Argentina doesn't have the money or the resources to give people with disabilities as much of a choice. They have special schools starting at age 3 to 4 years old. When they graduate then they are put in to a vocational agency.

The U.S. and Argentina both

have social workers. The social workers in Argentina can have up to 200 people on their case loads where in the U.S. they have between 20 and 30 on their case load.

In Argentina, they don't always put in curb cuts in sidewalks and sidewalks are not

always very good. Buildings are not all accessible either. There isn't any incentive to follow the law. There was a cat and dog factory that someone with a disability tried working at but it didn't work out because that work site was not accessible. In Argentina, the SSI check doesn't pay as well there as it does here. It is only for people with disabilities.



WINTER TIME BLUES

by Dale Buttke

I've got the winter time blues Temperature is below zero With the wind making it very cold

Wishing it was a warm 70 degrees
Soft warm breezes,
blowing through the air
Robins singing their songs
Birds flying through the wind

Children playing in the park
People in their backyards grilling
Travelers going to their destination
People going to see
their relatives
Some are going to see friends

Lovers walking hand in hand Bicycles going to and Fro People with motorbikes, riding down the streets People waiting for City buses Going to their work places

Builders, building houses
For newlyweds
Sailboats are sailing in the water
Roller skaters, are skating
down the streets
And you can wear shorts
and short sleeve shirts

People strolling down sidewalks, Looking in store windows A runner, running down the street Wishing it was springtime Oh, I got the winter time blues Page 6 CHOICES

WANTED: A President For 1 Million Children

by Emily Datta (11-06-08)



If you want this Choices position, please have a cheery up coming position.

We hope you have rosy cheeks, no warts. You like to play games, all sorts.

You must be kind, and must be witty, very sweet and very pretty!

Please give us all outings, give us treats, sing songs and bring sweets.

Never be cross or cruel, never give us custard oil/crude!

Love us as a son/daughter and never smell a polly water (special flowering water).

If you once scold and dominate us
we will never give you cause
to hate us,
we won't hide your spectacles,
so you can't see, put termites
in your bed or pepper in your tea.

Hurry president many thanks Sincerely, Emily and 1 million children thanks MASSAGE EASES JENNIFER'S PAIN

by Jeffrey Johnson

Jennifer Kopp found out about
Dakin Mobile Massage from her broker
about four years ago. Dakin Mobile
comes over to her apartment to give her
massages three times per month.
Jennifer got her very first massage
from Scott about 4 years ago and has
worked with him ever since. The areas
Scott works on the most are her jaw,
arms, and legs to treat her discomfort
and pain. Jennifer said that Dakin
Mobile provides good service and Scott
does a very good job.

Jennifer would recommend this to any of her friends that would like to get a massage some day. They should call to schedule an appointment: 219-1735, or on the web at dakinmobile.com.

The rates for Dakin Mobile are \$40 for a half-hour, \$75 for 1 hour, \$100 for an hour and a half, and \$120 for 2 hours with some discounts available for people with limited income.

Treating Pain and Stress Conveniently in Your Home or Business

Treating Pain and Stress
Conveniently in Your Home or Business
(608) 219-1735

SCOTT DAKIN, CMT, MSW

National and State Certified Massage Therapist (Cert #3183-46) www.dakinmobile.com

- In practice for over 4 1/2 years
- Specializes in working with individuals with physical and developmental challenges 20 years experience



- Scott will come to your home so you don't have to worry about transportation
- Former support broker in Dane County

BARACK OBAMA IS THE NEW PRESIDENT

by Dan Remick

We elected Barack Obama to be our President of the United States. He was elected on November 4 of 2008.

It was a very good day for all of us to have Obama elected as our President of our country. All of us hope that President Obama will do a very good job for all of us. We know that President Obama will have lots of work to get done in our country. All of us will need to work with him too.



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Sarah Wohlers in costume

Catholic Charities Support Brokers had their annual Halloween Bash on Thursday October 23, 2008 at the Bishop O'Connor Center for over 200 guests.

The party was so much fun. The staff served Pizza, chips, cookies, punch and candy and they had so much lively music in which to dance by. Once again Eric Miller of ACS was DJ for the event with some help from James Heiman. They also gave out ribbons for the cutest costume. Everyone had a really nice time at this special party.

My Family's Trip to Chicago, Illinois

by Emily Datta

Hello and welcome to my story called My family's trip in Chicago Illinois. My family and I recently visited an amazing site in Chicago where my older sister lives downtown. The name of the site that we've visited is called the Shedd Aquarium. It is a vast place to see all of the marine life and its animal inhabitance.

In the first section of the Shedd Aquarium my family and I saw the Caribbean Reef. This section of the building contains a huge circular water tank filled with colorful coral reefs, fish, sea turtle's sharks and other marine life which belongs to the Caribbean sea.

In the second section of the Aquarium we've seen the Amazon Rising wild reef. Inside this section the wildlife that we've seen is the mock setup of the Amazon wild river, coral reefs undersea animals and etc. which belongs to the

Amazon River.

In the next section of the Shedd Aquarium my family and I saw the Lizard and the komodo king section. In this section of the building we've seen the world's largest lizard live!

This Komodo lizard's size is very huge! It is 8 feet, and 3 inches long and this komodo lizard weighs up to 178 pounds.

At last we've walked over to the Oceanarium and we've seen feeding presentation shows on three different animals, such as Beluga Whales, dolphins and even feeding the penguins too.

To sum up this story on my family's trip in Chicago my family and I all had a grand time and had fun, Chicago is a great place to visit and go traveling in the city and I'll always will treasure it.

Theresa Explains The Brain

by Jeffrey Johnson

I interviewed Theresa Ellis and spoke about the Personal Brain computer program. Theresa learned about Personal Brain from David and Faye Wetherow, who use it for personal networking. This program lets you see social connections and how they can be used in business and personal life. The Brain also keeps track of your associations; it can track other people, organizations and life goals.

The Brain lets you look at your thoughts in a relationship way and gives more of a network picture. It could be used for person centered planning, since it helps build relationships and find new friends. Information on this program can

Agenda

Strategy

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Analysis

Analysis

Analysis

Strategy

Apportunities

Partners

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Access

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Analysi

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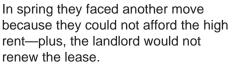
A Tale of Two Renters: Tim and Bill

by Howard Mandeville

Tim and Bill both have permanent disabilities and rely on support funded by Dane County's self-directed services. Each receives a monthly SSI check plus a small amount from employment. They have a household income of about

\$1800 a month.

Two years ago, the men rented a modest 2-bedroom apartment for \$1000 a month. A year later their rent increased by \$60. Rent amounted to well over half their household income.



Their support teams envisioned the kind of living situation that would work: space to accommodate Tim, Bill, and their support staff; affordable rent; a big yard to absorb Tim's exuberant energy, and accessibility modifications to accommodate Bill's wheel chair. Tim and Bill found these qualities and more in a rental home purchased and rehabbed in response to their specific needs. Movin' Out found a safe, affordable, permanent housing solution for Tim and Bill-and also provided measurable savings to the tax-funded county service system that supports them day to day. As a nonprofit whose mission is finding

permanent housing solutions for very low income people with disabilities, Movin' Out provides disability-sensitive property management and lease terms that support long term tenancy.

Tim and Bill now share a rent of

\$690/month plus utilities, about 38% of their household income. A purchase subsidy from the City of Madison, a grant from the Federal Home Loan Bank, and the property tax exemption granted by the city assessor, enables Movin' Out to

manage the property so that the operating budget is covered by rents affordable to the tenants. Dane County's long-term support system covered much of the cost of adding accessibility improvements and continues to fund caregivers who help the tenants with information, support, and guidance.

This tale of two renters is a composite story, combining some features of a few of our tenants. But the fact is that Movin' Out can provide safe, accessible, affordable rental homes so that people participating in self-directed supports can live in small, typical, neighborhood settings.

Interested? The first step would be to contact your broker and, together, give Movin' Out a call.

FOR MORE INFO... Contact Howard Mandeville at Movin' Out,251-4446 extension 3

Theresa Explains The Brain, continued from p. 8

be found on the website <u>www.thebrain.com</u>, where you will find a free version to download. A Pro version lets you merge different brains together, like sports brain, gardening brain etc.

Theresa is working to see if LOV-Dane can use this program to help their organization. When Theresa started working with computers 30 years ago she was using computers that took up the whole room.

BOOK REVIEW

by Christa Decker

NIGHT FALLS ON THE CITY

Author: Sarah Gainham

This book is a mystery about a group of people that are running away and hiding from the government, who is trying to kill them. The groups of people are poor. They live and hide in different corners of the city. The only time that they come out of hiding is at night to get some food.

I really enjoyed reading this book because it was very interesting and exciting! I liked the part in the book when the groups of poor people saved a couple of lives and then took them to their secret homes to live with them.

What I didn't like about the book was that there was too much violence, like too many people getting hurt.

I would recommend this book to other people who like a good mystery. MARCH 2009 Page 9

CAPTAIN COPY!

by Jeffrey Johnson



I interviewed Tom Welhoefer who is the owner of a micro enterprise called Captain Copy. Tom transfers VHS tapes to DVD to help people keep up with the times since stores don't sell VHS recorders anymore - they are old technology.

Tom started Captain Copy on February 28th, 2008. He wanted to make a profit from his microenterprise, so Responsible Employment Services (RES) helped by providing videos and DVDs that helped him learn how to transfer (VHS) video tapes to DVDs.

Tom now runs his business out of his house. He has two expensive dubbing machines that transfer data by themselves. Tom's basic package is \$15 to transfer from a VHS to a DVD. It costs \$5 extra for a personalized package labeling and \$5 for additional DVD copies. DVD duplication is only \$10, plus \$5 for additional copies.

Several reasons to copy from a VHS to a DVD are safer storage, more durable, more portable, easier to share, saves space, weighs less and cost less to mail.

If people want more information they can call Tom at 608-246-8060, or they can email Tom at captaincopy@charter.net

TICKET REQUESTS MUST BE RECEIVED BY MONDAY MARCH 9

Sponsored by The Arc-Dane County, CUNA MUTUAL Group, Knights of Columbus # 4527

AND THE MADISON CONCOURSE HOTEL

The Spring Ball

Sunday, March 22 from 2:00 – 5:00 p.m.at The Madison Concourse Hotel

1 West Dayton St., Madison, WI

<u>Tickets must be pre-purchased</u> from The Arc-Dane County for each person --sorry, no free tickets for staff, attendants, or family members. The ticket includes the Spring Ball, light snacks, and some hot snacks (from 2:15 p.m. 'til they are gone)

COST:

\$3.00 - Arc-Dane County members \$5.00 - Non-members

In order to make preparations for this event,

Ticket requests must be received by Monday, March 9, 2009.

Upon receipt of the ticket request and payment, the tickets will be mailed prior to the event.

Each person, family or agency is responsible for distributing the tickets purchased.

If you have ordered too many tickets or need more tickets, please network with others so that the tickets may be used. Tickets are distributed on a first-come, first-served basis.

All clients must carry <u>emergency contact information</u> at The Ball and must provide <u>own transportation</u> to and from The Spring Ball.

Ticket Request for The Spring Ball:

Please list name and/or agency of person responsible for distributing tickets purchased)

Name:	Agency:		
Address:			
City:	State:	Zip:	_
Phone:			
Emergency Contact #:			
#TICKETS @ \$3.00 -Arc-Dane County members		\$	
#TICKETS @ \$5.00- Non-member		\$	
	TOTAL DUE:	\$	

SEND FORM & PAYMENT payable to The Arc-Dane County:

The Arc-Dane County Paul A. Yochum, Exec. Dir. 6602 Grand Teton Plaza Madison, WI 53719

TICKET REQUESTS MUST BE RECEIVED BY MONDAY, MARCH 9

FAX #: 833-1307 E-MAIL: arcdane@chorus.net
TELEPHONE: 833-1199 Web site: www.arcdanecounty.org

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And the Oh, Yeah's...

To place a Connections ad:

Submit Connections Ads to: Stefanie Primm, Editor 122 E Olin Avenue Suite 100 Madison WI 53713 263-5557, or primm@waisman.wisc.edu_We will run your ad for 3 issues uness you tell us otherwise.

Announce a Transition:

Tell us about a new job, an Engagement, a marriage, a new place to live, or say goodbye to someone who has passed away.

CHOICES by e-mail

Prefer to reduce paper coming in the mail? Choices newsletter is now available electronically via e-mail. If you would prefer to receive a pdf or link, please e-mail Stefanie Primm: primm@waisman.wisc.edu

comments and suggestions.

Contributions, comments and suggestions are encouraged and may be directed to Stefanie Primm, Editor (see contact information in the box to the right).

CHOICES is available on-line:

http://cow.waismanwisc.edu Web versions do not include Connections ads or Transitions information.

CHOICES Newsletter is published quarterly to provide information to consumers, families, guardians, and service providers about Self-Determination Services in Dane County. Contributions, comments and suggestions regarding CHOICES are encouraged and may be directed to:

Stefanie Primm, Editor The Waisman Center 122 E Olin Avenue Suite 100 Madison WI 53713 Telephone: (608) 263-5557

Fax: 263-4681

e-mail: primm@waisman.wisc.edu

Contributors: Jeffrey Johnson, Dan Remick, Catherine E. Clodius, Dora Norland, Diane Christoph, Emily Datta, Dale Buttke, Howard Mandeville, Christa Decker, Paul Yochum

The next issue of CHOICES will be out in June 2009. Contact the editor with ideas for articles before **April 17** . Contributions due by May 5 or until the issue is full.



Choices is on the COW Website?!

Did you know that Choices newsletter has a fun color version that you can view online?? http://cow.waisman.wisc.edu/ publications.html

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Madison WI 53705 1500 Highland Avenue 601 A mooЯ Waisman Center The University of Wisconsin-Madison

