

CHOICES

A Quarterly Newsletter about Self-Determination in Dane County

Vol. 9 No. 4 - Fall WEB 08

JOIN THE CHOICES TEAM!

See "Journalism Team" story on p. 7. If being an editor, reporter, photographer or writer interests you, you might enjoy joining the CHOICES team. Please contact Stefanie Primm at 263-5557, or e-mail: primm@waisman.wisc.edu

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Next Issue:

* The next issue of CHOICES will be out in **December** this year
* Send us the dates of holiday parties or story ideas by **November 10**
* *That's comin' up SOON!*

2nd Fashion Show "Smashing Success"

by Catherine E. Clodius

On Wednesday August 20, 2008 there was a very successful fashion show that was held at the Concourse Hotel. It was sold out and there were 40 models that showed off the latest fashions from retailers who were happy to make this second show a smashing success. Jonathan Suttin was the MC and Triple M provided the music.

The models had two runway practice sessions to practice walking down the runway and turning so that the audience could see the entire outfits before the fashion show.

Model Jake Casper from Oregon looks like he's waitin' patiently for his date, with his snap-brim Fedora hat on his knee. Portrait by Kelsey Schoenhaar.



See more fashion show stories and photos on page 5-6

Corrections to Summer Issue

Disaster Registry. Please see the revised article on page 2, this issue. The Registry is part of Dane County Emergency Management. David Janda, Assistant Director, is in charge of the project now.

Ten Years at Econoprint: Error on page 10, Summer issue (print version). The first line says: "Chris Harrison works at Econoprint in Cambridge" but it should say **VERONA**.

ARTWorking (p. 10) Phil Porter sells original art work, t-shirts, coffee mugs, note cards and magnets all featuring his paintings, but not key chains. For more information, see his web site: www.philporterart.com

Catherine Asks Dan * the Burning Questions by Catherine Clodius



Dan talks to Catherine about budget, Family Care

I had the deep honor of meeting with Dan Rossiter of Dane County Human Services and I asked a few important questions.

I asked about his background and he received his undergraduate degree in Geology and his masters in Public Service administration.

I asked what budget cut-backs does he see happening once the board has passed the budget. The deduction will be 3.75%. Vocational and residential agencies and the Support Brokers will need to make the cuts for consumers.

Mr. Rossiter sees larger group homes opening up but he feels this is only

temporary once the war has ended and then disabilities and schools will get more funding.

I asked Mr. Rossiter to look into a crystal ball regarding people with disabilities and he told me that it's been the cloudiest he has ever seen. He feels that the very near future, the next 10 years, will be most difficult. This is also due to people becoming older (baby boomers) in the next several years and needing more care but there will be a shortage of direct care staff. There will be a small amount of people to take care of our elderly. Funding will be tough for the next 10 years and the need to

maintain a quality of life remains.

My fourth question was what is the latest news of the Family Care program? His answer is Family Care is excellent, superb for most of the 72 counties but for another 12 counties is very much a challenge and the 12 counties will get a cutback. The state wants Dane County to give back to the state millions of dollars and Dane county wants to give back less than that amount.

* *Dan Rossiter is the Manager of Developmental Disabilities Services in Dane County.*

Disaster Voluntary Registry - corrected information by Jeffrey Johnson



New Program will help connect people with disabilities to resources during a disaster

We Goofed

Our summer issue included some confusing information about the Disaster Registry. Please read this article about an important service available to you.

There is a new program in Dane County called the Disaster Assistance Voluntary Registry. They will help provide more resources during a disaster for people with disabilities. No one can predict when a disaster will happen but people with a disability can plan ahead by having supply kits on hand when a disaster does happen.


The Disaster Assistance

Voluntary Registry program works with Dane County Emergency Management. Dane County wants to have as many people with disabilities register as possible. They will have a computer database with all of the person's important information in it. They will update their information once per year. You can choose to have your name taken off the list at any time. This information can only be used by the disaster responders that manage the data base.

Before there is a disaster you can find information on what to do in different disasters by looking at their website at www.countyofdane.com/ems/ Scroll down to Disaster Assistance Voluntary Registry link. You could also phone at 608-266-

4330. David Janda is now in charge of the Disaster Registry Program. Jane Bloss, mentioned in the previous issue, has taken a new job and is no longer involved.

The Red Cross has a check list for what you might need if a disaster happens. You can go to the Red Cross website where you can buy a disaster kit or get information about survival kits. Their website is www.redcross.org and you can also go to www.ready.gov for information. I looked on the Red Cross website at one of disaster kits. Some of the items in it were a personal hygiene comfort kit (shampoo/body wash, washcloth, toothpaste, comb, and deodorant) and a First Aid and Emergency Preparedness Guide.



CHOICES is sponsored by Dane County Dept of Human Services, Adult Community Services Division, Madison Wisconsin

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Our Environment: Stories by Emily

by Emily Datta

Lenore's CD Reviews

by Lenore Rosenberg

I am Lenore and I love all types of music! In each CHOICES, I will tell you about the best CDs in the 50s, 60s, 70s, Blues, and Country Gospel. Here are my favorite CDs of the month:

50s: Best of Carl Mann. He is a good singer and sings "Mona Lisa." This CD sounds happy.

60s: Aretha Franklin, Respect. She was the Queen of Soul. She has a really deep voice.

70s: Creedence Clearwater Revival, Revisited. I went to their concert at a casino. They play their instruments very well.

Blues: Rosco Gordon, I'm Gonna Shake It. I saw him play in Nashville and I even got to hug him. I like his songs. You should also get Betty Lavette, *Souvenirs*. I met her long ago and I even gave her a kiss and got her autograph. She is really nice and a good singer.

Country Gospel: Conway Twitty, The Conway Twitty Collection. I love his songs. He has a really good voice. You should also buy anything by the Carter family, especially June Carter Cash. I really miss June Carter Cash and Johnny Cash since they passed away.

Check back in next time for more ideas about which CDs to buy!

WINTER, Brrrrrrrr!

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November 10!

That's comin' up soon!

To Feel Free as a Bird!
Look up high in the warm, bright sunny sky. Do you see a bird flying as quick as a butterfly?! Flying, gliding and soaring high no wonder they're so free up in the sky.



In tall trees there is a cool, crisp breeze gently lifting up birds to fly free with such ease. Birds build nests made of branches, twigs and brush which are thistle from bushes to a thrush. Standing, landing and poking around the birds always find worms in the ground. They are neat and so sweet, when the birds sing it sounds like a tweet. Birds are happy and so free, so the poachers should back off and leave them be!

Endangered Animals in the Henry Vilas Zoo

Hello and welcome to the Henry Vilas Zoo! It is an amazing place to visit and watch all of the endangered animals play. These animals are in danger of becoming extinct because the poachers are always hunting them



down too much! The Henry Vilas Zoo is a fully equipped, huge, secured, and well kept place for the endangered animals to live and be well taken care of. The zoo has different species of endangered animals, such as apes, elephants, lizards, amphibians, otters, sea lions, lions & tigers, penguins, bears, parrots and peacocks, etc. The zookeepers help keep the endangered animals

healthy and active in their caged temporary homes. The zookeepers take care of the animals needs by, first they bathe and feed the animals their special diet meals inside their caged temporary homes. Second, the zookeepers provide the medical help by taking the animals to the veterinarian in order to take care of the animals health conditions. Next, the zoo-keepers also transport the healthy, strong animals out of the zoo and set them free back into the wilderness!

In conclusion to this story on endangered animals in the Henry Vilas Zoo, all of the endangered animals in the zoo are well taken care of by the zookeepers who are good at heart along with the animals.

How useful are Recycling Bins?

Did you ever wonder why there are billions of useful recycling bins everywhere in the world? These recycling bins are very clever and useful in several ways in order to keep our planet organized, healthy, clean, and tidy.

Let me explain how we keep our planet organized, healthy, clean, and tidy. First we label the recycling bins with a green arrowed sign, so that way we know where to place our recyclables. Second, we separate our recyclables into four items, such as paper, plastic, metal and cans. Next the recycling trucks come to everyone's homes to collect the bagged recyclables from their front lawn curb sites.

In conclusion to this story about how useful are recycling bins, these bins are very helpful to billions of people world wide for

instance, city lakes, streams, parks and school playgrounds etc. Not only can we reuse our trash and separate them out, we also can reduce, reduce the amount of trash which saves our forest trees and reuse them over and over again.



Kaske Kronicles

by Tom Kaske

Roommates are Great People

All people who live in apartments always need good roommates to live with.

Roommates like to go out together and have fun. Roommates like to go to movies, dancing, out to eat, and sporting events. Roommates like to get involved in groups. Roommates are great people.

LOV-YA

LOV-Dane Young Adults

Hi there, my name is Greg, from the leadership team. I want to say thank you to those who came to the "boating party."

It was fun for all the young adults! Thank you to the parents for helping us plan it and thanks to the young adults for coming, from all the LOV-YA leaders.

For future event information: Stefanie Primm or Amanda Bell
primm@waisman.wisc.edu
 or bell@waisman.wisc.edu

Affordable Shredding



Document Destruction and Recycling Services

Richard's New Business Mince Words

by Jeffrey Johnson

Shannon Munn and Shannel Trudeau-Yancey helped Richard Hutter set-up his own paper shredding business, Affordable Shredding. Before starting his own business Richard was underemployed. Richard started shredding paper at school as a volunteer job. He shreds paper well but it is hard to find employment. Richard has made more in the past few months than he did in the past few years.

Richard shreds paper and does some courier work. He and his team are still working out how much he will make. Richard started

Affordable Shredding in February 2008. Richard is on pace to make minimum wage soon.

Richard is an active person and this work has given him the opportunity to have something to do. He also likes his job. Richard is a National Association of Information Destruction (NAID) member (portable shredding). This shows that he follows guidelines set in place by the National Association of Information Destruction.

Richard uses a cross cut shredder that he got through DVR. He is a non-reader/non-writer, which is a plus since he

can't reproduce any of the materials that he shreds. All the shredding Richard does will be recycled. Richard can shred 17 to 20 pounds of paper an hour. Affordable Shredding can pick up their customers' material to be shredded, customers can drop it off or Affordable Shredding can also come to a customer and shred on site.

To hire Richard for a shredding job, please contact Chris or Jennifer at:

Affordable Shredding
608-833-7170

How To Lose Weight & Feel Better

by Jeffrey Johnson

I interviewed Dan Grosse who works at an agency called MARC of Mt. Horeb. Dan had to stay at the hospital for a few days earlier this year because he had a blood clot in his leg. It made his leg swell up. The doctor told Dan he needed to lose some weight and start exercising. He went on an 1800 calorie a day diet. By doing this he hoped he would feel much better.

Dan's team is really honing in on the type of exercise that is enjoyable for him, instead of working him like a drill sergeant on physical activities he doesn't enjoy. For exercise, Dan likes the pool and plays

Dan lost 31 pounds
between March
and July

some water games. When he is in the pool he likes to use a noodle to help him swim in the deep end. Exercising helped him lose the weight. He is going to summer camp called Badger Camp. When he is there he will swim and dance.

So far Dan has lost 31 pounds between March and July. He has not met his goal yet on how much weight he wants to lose but he is on the right track. His support people have been helping him stay on track. It makes a big difference on how much you eat and at what time of day you eat. His support staff helps make sure he doesn't eat too much. They help him make better choices on what to eat and when to eat it. Dan is really enjoying a great quality of life despite giving up some things like certain foods. They have been creative in finding healthy alternatives to the healthier items he used to eat.

The COOL CREW CLUB

by Sue Helgesen

The Three C's (COOL CREW CLUB) is a club that meets once a month with brokers. The club started about 6 years ago by a small number of young people who wanted to get together for fun activities. The group started as separate men and women. Later they merged together. The group has done bowling, miniature golf, dancing, Halloween parties, dinner, and Karaoke.

June 24th they had a live band called the Artificial Hipsters that played Rock and Roll Music. It was good music and dancing I will say. It was

the best dance turn out of 150 people. The staff were happy. The Presbyterian Church on the corner of Mineral Point and Segoe let us use their space and we are thankful of that.

The group takes off during the summer. We have two more outings for June; Karaoke at the Harmony Bar on Atwood Avenue and a picnic. Then a break till September.

In the past the Arc of Wisconsin has donated time and money to do this planning. At the picnic, they hope to find some members who will be on a leadership committee to help find some events to do. In the

past the brokers been finding the events but they are tired after work and would like to find some members to do it.

A flyer is sent to support brokers before the outing. They shall then share with the people they work with. Tell your broker if you are interested in the 3 C's or have some cool ideas to share on things to do that people might like. We usually meet the 4th Monday of every month.

For more information, call Matt Novinska at 661-4159.

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FASHION SHOW

THANK YOU to all who participated in making this event so successful

Steering Committee

Amy Gunter
Amy Querna
Chantel Brown
Jacquie Piraino
Jessica Haven
Jodi Hansen
Melissa Kerl
Mike Alioto
Mindy Connors
Nancy Murphy
Oduvia Halstead
Rachel Friedman
Rachel Weingarten
Robin Kerl
Sarah Karls
Stephanie Iliff

Panelists:

Chantel Brown
The Kohlman family (Katie, Chuck and Mary)
Kathy Dauck
Amy Kahl, Suzen Sez
Laura Kuhl, Onusara Salon

Hosts and Moderators:

Rachel Friedman
Christina Wren

Special Guest:

Ms. Wheelchair Wisconsin,
Monica Kamal Rossa

Sponsor: Hawks Quindel
Ehlke & Perry, S.C.

Photographers:

Douglas Otto, runway shots
Kelsy Schoenhaar, portraits

Other: Pick 'n Save, flowers

Emcee: Triple M Radio,
Jonathan Suttin

Music: Ricardo Vasquez

Fashion Models

Abigail Wilson
Azalea Heinz
Beth Brady
Beverly Jeremiason
Brandon Karandjeff
Bridget Horan
Chantel Brown
Cheryl Pope
Chris Black
Chris Kaltenbach
Christina Wren
Cindy Wegner
Connie Morgan
Dallas Teufel
Dawn Cieszynski
Dawn Higgins
Erin Light
Gordon Brockelsby
Grover Wilson
Heather Huisman
Jake Casper
Jennifer Addis
Jenny Sisulak
Julie Fuller
Katie Kohlman
Katie McCarthy
Lexi McSwain
Linda Kapral
Lisa Deneen
Lori Bendorf
Lori Zenke
Mary Fischer
Mary Rodgers
Michelle Heus
Nancy Dornfeld
Naomi Stanek-Arness
Rachel Christy
Robin Kerl
Susan Chandler



Lori Zenke

11/15/1959 to 9/4/08

Lori delayed a planned surgery to be a participant in the Fashion Show on August 20. She was very proud to be a part of this show! She had the surgery the last week of August, but developed aspiration pneumonia during recovery, resulting in irreversible lung damage. Lori passed away early in the morning on Thursday, September 4, 2008 at St. Mary's Hospital. We say goodbye to Lori on p. 11.

Hair and Make Up

- * RZ & Company * Rejuvenation Spa *
- * Onusara Salon (Laura Kuhl, also on panel) *
- * Merle Norman Cosmetics *
- * Mary Kay Cosmetics *

Vendors

Card Project, Hand made cards * Heavenly Hats, Specialty hats
CJ's Jewelry Design, Hand made jewelry
Tina Sanders, Hand made jewelry
Kristin's Creations, Hand made hempen
fiber bracelets and other items
Darcy Zillner, Soaps * Ricardo Vasquez Productions, CDs

Cindy Wegner, From a Model's Point of View

On August 20th at the Concourse hotel, I wore a black pantsuit with a plum sweater with buttons on the sleeve. I also wore black trouser socks and black shoes. They took pictures of me that I will pick up at Infoshare. I had my hair done and had make-up applied. My pantsuit was donated by Elaine Bryant of East Towne Mall. We practiced twice in June and July at the Olin Avenue building and the Concourse Hotel.

I was scared at first but I really enjoyed it a lot. My family and friends came to see me. There were about 40 models, all with disabilities.



Retailers Who Loaned or Donated Clothes

- * Deb Shop * Mens Wearhouse * A Woman's Touch *
- * Suzen Sez (Amy Kahl, also on panel) * Heavenly Hats *
- * Wild Child * Lane Bryant * Target Greatland *
- * Atelier Art to Wear * Maurices *
- * Katy's American Indian Arts * Catherine's *

Model Azalea Heinz

Azalea's flattering outfit is perfect for wearing to work, or for almost any occasion.

Portrait by Kelsy Schoenhaar.



Model Katie Kohlman

looks great in the bright green top with long print scarf, holding a contrasting red-orange gladiola sprig.

Portrait by Kelsy Schoenhaar.



Book Review: Every Man A Tiger

by Christa Decker



The book I read was Every Man a Tiger by Tom Clancy, with General Chuck Horner, Air Force (retired). It told the story of the war experiences of the men and a few women in Iraq. It talks about

how they fought from the air, shooting at people, and also how they fought on the ground. Most of the time, they felt very frightened. At the end of the book when they got off the plane, at home, they were very glad to see their families because they had been afraid they wouldn't see them again.

I liked reading about the people's stories. It was very interesting to read about what they did and how they felt. I especially liked it when they came home alive. It was a well written book. I didn't like it that they were in airplanes and fighting all the time. It missed out on saying where they were when they camped in the tents. I would recommend this book to other people, it was an interesting book.

CAN ANYBODY HEAR WHAT I HEAR?

by Dale Buttke

Can anyone hear
what I can hear?

That's the question I ask.
From day to day I do my task.
A high pitch hum I hear,
To me, it's a great fear.
Because I feel like
I'm going crazy,
But yet, I'm certainly not lazy.

It seems like people are deaf,
But I will do my best
To speak as loud as I can
And I hope to go to a beach and sand.

Maybe one day
I'd speak like a storm
Or will my clothing be torn.
But I will still be quiet,
Or I will be decided,
To be not so quiet.

The hum I will still hear
Makes me go into tears.
Can anybody hear
what I hear?

Journalism Teams

by Emily Datta

In the field of Journalism there are several branches and positions to become involved in. A newspaper or newsletter is made up of a huge team of editors, reporters, photographers, and writers! The first position in journalism is the editor.

The **Editor** is in charge of editing/correcting the reports, which can be made into articles. The second position in journalism is the reporters.

The **reporter** gathers the information and quickly writes a short story about the event right where it is happening and rushes to the scene where the event takes place. The next position in journalism is the writer.

The **writer** also plays an important role in the journalism team, because the writer takes notes about all the hot button topics about the event or from a book. Then they write stories based upon their notes they've written down. To sum up this story on Journalism, editors, writers and reporters are part of a big important team who handles the process of writing stories, which are happening in the media and through the world bringing the news to you. # # #

DORA'S PET CORNER

Rabbits for Adoption

by Dora Norland

For this issue we had the chance to go to the Dane County Humane Society or DCHS; we went there to see the rabbits that were up for adoption. We met with Joan, a woman who works there, to learn about rabbits. Joan's an expert on rabbits!! If you are going to adopt a rabbit, there are things you need to know about them.

Rabbits eat hay, pellets [like Purina rabbit chow], vegetables and fruits too. Rabbits need to have wooden chew toys to stop their teeth from growing too long. They need their water changed daily. Rabbits can be litter box trained, just like your cat. They like hay in a litter box; the hay teaches them to use the litter box.

Rabbits need to have a big cage to live in. Rabbits have to stay inside their cage when you're not there to watch them. But they need exercise too so they need to

get out of their cages every day.

Rabbits like a routine and also need peace and quiet. They like to have a playmate and it's good to have 2 rabbits to keep each other company.

Rabbits have to get a check-up once a year; rabbits need to go to a special vet who knows how to treat and handle rabbits. Rabbits need to be handled very carefully; they can hurt their backs if they are not picked up in the right way. Rabbits do not need to have any shots like cats or dogs. Rabbits can live for 8-12 years.

There is a lot to learn if you decide to adopt a rabbit. People at DCHS will give you lots of information and help you learn more about how to take care of a rabbit. There is an adoption fee for rabbits: \$25 for 1 rabbit and \$40 for 2 adults or a bonded pair. A bonded pair is 2 rabbits that are great friends and want to go to the same home.

If you want more information call the Dane County Humane Society at 838-0413. Their address is 5132 Voges Road in Madison, if you want to visit.

You can check out the rabbits for

adoption and see their pictures by going to DCHS's website: www.giveshelter.org.

There are many breeds and colors of rabbits. Go take a look!

Princess, a blind Holland Lop rabbit



Snowflake, an English Spot rabbit





VOTE 2008

INTERVIEW WITH ANNE EICHENMEYER, A VOLUNTEER FOR BARACK OBAMA

by Dan Remick

Dan: Where does Obama stand on the budget and how can we get more money back in to our own country?

Anne: We are spending more money on the war and not our people in own country. That is not right. We have a lot of people in our Country who have disabilities and aging issues spend a lot of money on medication. Obama wants healthcare to be more accessible to all Americans.

Dan: What is Barack going to do about high gas and food prices? Also, how to stimulate the economy?

Anne: Increase job opportunities for people with disabilities and use alternative fuel.

Dan: Where does Obama see the state of the country in 4 years?

Anne: He wants help for Americans who are struggling and also educating citizens of the world and climate change needs to be addressed.

Dan: What are Obama's hopes for people with disabilities?

Anne: To help strengthen the ADA, support community living, increase job opportunities, provide educational opportunities, fully funding IDEA, and support small businesses owned by people with disabilities.

JOHN MCCAIN

John McCain is very concerned about the rising incidence of autism among America's children and has continually supported research into its causes and treatment. He has heard countless stories about families' hardships obtaining a diagnosis for their children's autism and accessing quality medical treatment. He believes that federal research efforts should support broad approaches to understanding the factors that may play a role in the incidence of autism, including factors in our environment, for both prevention and treatment purposes.

John McCain was proud to lend his support to the Combating Autism Act of 2006, which he cosponsored, and worked to ensure its enactment. John McCain understands that despite the federal and scientific research efforts to date, the exact causes of autism are not yet known and greater research is needed to understand this disorder. As President, John McCain will work to advance federal research into autism, promote early screening, and identify better treatment options, while providing support for children with autism so that they may reach their full potential.

INFORMATION ON VOTING

In the Dane County area there are many ways to vote. You can go to the polls or you can use an absentee ballot to vote before election day.

To vote absentee, you can go to the city, town, or village clerk's office. The deadline is 5 p.m. on the day before the election. You may mail a request for an absentee ballot. Mail your request to the City or County Clerk's office no later than the Friday before election day. For more information, if you live in the City of Madison call the City Clerk at (608) 266-4601. If you don't live in Madison, call the Dane County Clerk: (608) 266-4121. You can also check out the Clerks' offices at their websites: <http://www.cityofmadison.com/election/voter/index.cfm>, and <http://www.countyofdane.com/coclerk/ccvoting.htm>

If you want to vote at the polls on election day and you do not know where to go to vote, you can call the City or County Clerk and they will tell you. All the polls close at 8 pm on election day.

Opinions given above are those of the candidates and are not intended to represent an endorsement by the Waisman Center.

THE ARC-DANE COUNTY 9th Annual Halloween COSTUME PARTY

SUNDAY

October 26, 2008
2:00 pm – 5:00 pm

POOLEY'S

5441 High Crossing Blvd
Madison, WI 53718
(3/4 mile from Eastgate
Cinema)

**WHEELCHAIR ACCESSIBLE
FREE PARKING**

**Tickets must be pre-purchased
from The Arc-Dane County
for each person!**

**Sorry, no free tickets
for staff, attendants,
or family members**

**MUSIC! DANCING!
MUNCHIES! DOOR PRIZES!
PARADE OF COSTUMES!
Limit of 350 people,
first-come, first served**

**ARC-Dane member \$3.00
Non-member \$5.00
Ticket requests must
be received by
Monday, Oct. 13**

**NOTE: everyone must carry emergency
contact information at the party**

**and everyone must provide own
transportation to and from the party**

Send Name and/or agency of person responsible for distributing tickets, address, phone/s, # tickets @\$3, # tickets @\$5, Total \$ amount due.

Checks payable to The Arc-Dane County

FAX #: 608-833-1307

E-MAIL: arc Dane@chorus.net

PHONE: 608-833-1199

And the Oh, Yeah's...

To place a Connections ad:

Submit Connections Ads to:
Stefanie Primm, Editor 122 E
Olin Avenue Suite 100 Madison WI 53713 263-5557, or
primm@waisman.wisc.edu
We will run your ad for 3
issues unless you tell us
otherwise.

Announce a Transition:

Tell us about a new job, an
Engagement, a marriage, a
new place to live, or say
goodbye to someone who has
passed away.

CHOICES by e-mail

Prefer to reduce paper coming
in the mail? Choices newsletter
is now available electronically
via e-mail. If you would
prefer to receive a pdf or link,
please e-mail Stefanie Primm:
primm@waisman.wisc.edu

Please send your stories, comments and suggestions.

Contributions, comments and
suggestions are encouraged
and may be directed to
Stefanie Primm, Editor (see
contact information in the box
to the right).

CHOICES is available on-line:

<http://cow.waismanwisc.edu>
Web versions do not include
Connections ads or Transitions
information.

CHOICES Newsletter is published quarterly to provide information to consumers, families, guardians, and service providers about Self-Determination Services in Dane County. Contributions, comments and suggestions regarding CHOICES are encouraged and may be directed to:

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Contact the editor with dates of
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**Choices is on the
COW Website?!**

Did you know that Choices
newsletter has a fun color version
that you can view online??
[http://cow.waisman.wisc.edu/
publications.html](http://cow.waisman.wisc.edu/publications.html)

Non-Profit Org.
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The University of Wisconsin-Madison
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Room A 109
1500 Highland Avenue
Madison WI 53705



CHOICES Newsletter