Waismann Center
COMMUNITY TRAINING & CONSULTATION PROGRAM

TRAINING CATALOG & EVENTS CALENDAR

SPRING & SUMMER 2008

APRIL THRU SEPTEMBER

Training reminders and updates can be found at:
http://cow.waisman.wisc.edu/
NEW & IMPORTANT INFORMATION, PLEASE READ!

Waisman Center Community Training & Consultation Program

We offer learning opportunities for caregivers, support brokers/case managers, consumers, families, program administrators/supervisors and anyone interested in learning more about related topics in the field of Developmental Disabilities. Dane County contracts with the Waisman Center to coordinate training events and conferences.

Trainings are separated into the following categories:

**AFH Trainings**: Free sessions for Adult Family Home Providers.

**Behavioral Support Sessions**: These trainings are designed to assist you in learning how to effectively support clients and others who could experience the full range of behavioral escalation.

**Community Protection**: Offers a variety of trainings for support providers who work with offenders in the community.

**Health Care Trainings**: Sessions designed to equip professionals with the knowledge to safely support people with disabilities and their health care needs.

**Learning Together**: These informative and fun classes are geared towards people with developmental and intellectual disabilities. Classes are usually short in duration (1 1/2 to 2 hours) and the registration fee is reduced for participants. Support providers and family members are encouraged attend and participate in these classes with the people they support and care for.

**V.A.L.U.E.S Trainings**: VALUES (Vision, Attitudes, & Learning Underlying Essential Supports) trainings are geared towards professionals who want to learn how to better support the people they work with in the field of developmental disabilities. Most trainings are also open to family members.

**TRAINING FEES:**
Providers of Developmental Disability Services in Dane County pay a base fee for staff to attend trainings.

Any other provider, including the following, pay twice the base fee: Non-DD Providers in Dane Co.; DD Providers outside Dane Co.; & Non-DD Providers outside Dane Co.

Family members of people who are served by the Dane Co. DD Services System are charged a reduced fee (1/2 the base fee) to attend a training. Scholarships are available for consumers and family members in special circumstances.

**CANCELATIONS:**
Community Training & Consultation is committed to holding trainings on the date and time listed in the events calendar. It is very important that you register for any training you plan to attend and let us know if you cannot attend a training by calling or emailing James Mulder-Philyaw: 608-265-9440 ext. 440 / comm.training@waisman.wisc.edu

If we need to cancel a training for any reason, we will give as much notice to registrants as possible either by phone or email. Please remember to register for trainings so that we may contact you if they are canceled.

We will charge applicable training and registration fees for any participants who contact us to cancel later than twenty-four (24) hours prior to the event. If you need to cancel a registration, PLEASE CONFIRM that we have received the notice. Substitutions are accepted. To discuss specific situations or for any questions/concerns, please contact Rachel Weingarten at 608/890-0777 or email: weingarten@waisman.wisc.edu.

**TRAINING REMINDERS & UPDATES**
Posted each month on our website: Community Outreach Wisconsin http://cow.waisman.wisc.edu/
Click on Training & Consultation to view new calendars, flyers for upcoming events, and to register for trainings.

Program Coordinator
Program Information:
Rachel Weingarten
(608) 890-0777
weingarten@waisman.wisc.edu

Office Manager
Registration and Room Reservations:
James Mulder-Philyaw
(608) 265-9440 ext. 440
comm.training@waisman.wisc.edu
# TABLE OF CONTENTS

Welcome, Information and Updates.................................................................................................................. page 3

**TRAININGS, FORUMS & CONFERENCES**.................................................................................................................. page 5
TASTE of Dane County

**AFH TRAININGS**........................................................................................................................................... page 5
Recognition Dinner at Olbrich Gardens
The Annual AFH Provider Picnic

**BEHAVIORAL SUPPORT**..................................................................................................................................... pages 6-7
MTC Part I ....................................................................................................................................................... page 6
MTC Part II ...................................................................................................................................................... page 6
Client Rights Seminar ........................................................................................................................................ page 7

**COMMUNITY PROTECTION**....................................................................................................................................... pages 8-9
Module 1 ......................................................................................................................................................... page 8
Module 2 ......................................................................................................................................................... page 8
1) Exploring Boundaries ............................................................................................................................... page 9
2) Exploring Boundaries II ............................................................................................................................. page 9
3) Miscellaneous Treatment Concepts and Strategies .................................................................................. page 9

**HEALTHCARE**............................................................................................................................................. pages 10-11
Adult CPR & First Aid ....................................................................................................................................... page 10
Alzheimer's and Developmental Disabilities ............................................................................................... page 10
OSHA/Universal Precautions ....................................................................................................................... page 11
Safe Medication Administration .................................................................................................................. page 11

**LEARNING TOGETHER**........................................................................................................................................ pages 12-14
Health Education for Persons with Prader-Willi Syndrome ........................................................................ page 12
Stamping Classes .............................................................................................................................................. page 12
Safety in the Community .................................................................................................................................. page 13
Fire Safety ........................................................................................................................................................... page 13
Infoshare Presents: 2nd Annual Fashion Show for All Abilities: Fashion Is for Everyone .................. page 14

**V.A.L.U.E.S.**......................................................................................................................................................... pages 15-16
An Update on Autism .......................................................................................................................................... page 15
Ethics & Boundaries for Supporting People with Long Term Support Needs ......................................... page 15
Sign Language Basics: Level 1....................................................................................................................... page 16
Sign Language Basics: Level 2....................................................................................................................... page 16
Teaching / Coaching Adults with Developmental Disabilities ............................................................ page 16
Calendars ............................................................................................................................................................ page 17-19

Map to Waisman Outreach .............................................................................................................................. page 20
TASTE of Dane County

Presenters: Maya Fairchild, Julie Gamradt, Dan Rossiter, Paul White
Location: UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison
Date: To Be Determined. Please call or email T&C if you are interested in attending this session. Once we have a large enough group, we will schedule this training:

comm.training@waisman.wisc.edu
(608) 265-9440 ext. 440

Registration Fee: $15 per person

TASTE is for direct caregivers, service coordinators, case managers, and others in the Dane County Adult Developmental Disability System. The goal is to offer information designed to promote sensitivity and insight into the lives of persons with developmental disabilities. Participants will learn from presentations, small group activities, and informal discussions with individuals who have disabilities and their families.

Topics include:
Understanding the Dane County Support System
Philosophy of Full Community Membership
Self-Determination
Overview of Developmental Disabilities
Dane County Abuse/Neglect Policies
Communication: The Key to Self Direction & Full Community Membership
Insights from Persons with Developmental Disabilities

AFH TRAININGS

Trainings listed below are designed for county certified homes and may or may not cover requirements for state licensed homes.

Recognition Dinner at Olbrich Gardens

Date & Time: Wednesday, April 2: 5:30 – 8:30 pm
Location: Olbrich Botanical Gardens, 3330 Atwood Avenue, Madison
Register online:
http://www.cow.waisman.wisc.edu/traincon.html
Call or Email James: comm.training@waisman.wisc.edu
(608) 265-9440 ext. 440

Mark your calendars for the annual AFH Provider Recognition Dinner.

The Annual AFH Provider Picnic

Date and Time: Sunday, September 14: 11:30 am – 2:30 pm
Location: Vilas Park, 702 S. Randall Ave., Madison
Register online:
http://www.cow.waisman.wisc.edu/traincon.html
Call or Email James: comm.training@waisman.wisc.edu
(608) 265-9440 ext. 440

Please note the picnic is at a new location this year!! Look for more information to follow…

AFH Training Coordinator: Amber Jensen Jensen@waisman.wisc.edu / (608) 263-0271
Managing Threatening Confrontations

**Instructor:** Paul White  
**Location:** UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison  
**Registration Fee:** $25/session for Dane Co. providers/$50 per person working outside Dane Co.  
**Register online:** [http://www.cow.waisman.wisc.edu/traincon.html](http://www.cow.waisman.wisc.edu/traincon.html)

**MTC Part I**  
**Dates & Time:** All classes are 8:45 am – 3:30 pm  
Thursday, May 29  
Tuesday, August 5  
Friday, September 26

Managing Threatening Confrontations is designed to assist you in learning how to effectively support clients and others who could experience the full range of behavioral escalation. These moments often appear chaotic, when to talk, when to step back, who to call for back up, and “when to duck.” This seminar is designed to put order to the chaos. Stages of escalation are described and each stage is paired with a positive action plan for caregivers as well as teams. The content places strong emphasis on pro-active supports. The principles are taught in a straightforward manner so as to provide a framework for conceptualizing behavior escalation that can readily translate into positive plans of action. The learning is brought to life using a video of a dramatic, real life enactment of threatening confrontations by professional actors.

**Learning Methods:**  
The learning style includes small group work, videotape, and some physical practice, so wear comfortable clothing. You will receive extensive conference manuals (you will have to take very few notes) to take back to work for reference and to share with colleagues.

**Some of what you will learn:**  
- A framework for understanding and recognizing stages of behavior escalation  
- How to avoid “power struggles” that can result in behavioral escalation  
- Skills in connecting with people early on, in order to sustain emotional control  
- An array of creative communication strategies during periods of tension  
- What the police know about presenting a “neutral presence” during stages of distress  
- How caregivers can support both clients and themselves during the Recovery Stage

**MTC Part II**  
**Dates & Time:** Friday, April 18 and Tuesday, August 26:  
8:45 am – 3:30 pm.  
*Space is limited to 15 participants.*

This training is for individuals who have completed the introductory seminar on Managing Threatening Confrontations I. Activities include more video simulations, role-play, discussion with providers of similar interests, handouts to share with staff, and advanced practice in self-defense strategies.

**Participants will learn and practice:**  
- Effective use of praise as a way to promote sustained emotional control  
- Verbal strategies to use during emotional distress  
- Thinking on your feet during simulated confrontations  
- How effective teams work by practicing proven techniques

Paul White has extensive experience in supporting children and adults with developmental disabilities and has been on staff at the UW-Waisman Center since 1986. Paul is the director of the program Community TIES. TIES provides positive supports to persons with developmental disabilities and emotional/behavioral challenges. Paul has developed a series of seminars on subjects related to positive behavioral supports. He has provided these seminars to thousands of providers across Wisconsin; these seminars are regularly included in the curriculum offered through the UW-Extension.
BEHAVIORAL SUPPORT

Client Rights Seminar

**Presenters:** Monica Bear, Gerard Gierl, Axel Junker & Paul White  
**Location:** UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison  
**Registration Fee:** $25/session for Dane Co. providers.  
**Register online:** [http://www.cow.waisman.wisc.edu/traincon.html](http://www.cow.waisman.wisc.edu/traincon.html)

**Date & Time:** Tuesday, July 1  
Registration: 8:45 am  
Session: 9:00 am – 4:00 pm

This seminar is designed to train designated professionals from agencies how to assure the appropriate use of supports that may be considered “Restrictive Measures.” Included is an overview of HFS 94 rights applicable for all individuals receiving services through Dane County contracted providers. Further, we will discuss and clarify individual rights for clients under guardianship.

- Learn strategies in facilitating the team process related to use of restrictive measures when they are being considered  
- Learn a straightforward format for writing proactive behavior support plans when restrictive measures are involved  
- Familiarize self with client right violations and the state definition of restrictive measures  
- Familiarize self with strategies as well as team responsibilities for minimizing and eliminating restrictive measures  
- Familiarize self with the county’s review and oversight process for behavior plans involving restrictive measures

**About the presenters:**

**Monica Bear** is a Developmental Disabilities Program Specialist for Dane County Human Services. She works with support broker agencies as well as supervises the DD adult case management unit. Prior to becoming a bureaucrat, Monica worked with adults who have developmental disabilities for 20 years.

**Gerard Gierl** has been with the DHFS Client Rights Office since 1983, and frequently provides consultation on individual rights and guardian roles and responsibilities. He has an academic background including Social Work and Law.

**Axel Junker** is a program consultant for the UW Waisman Center's Community TIES program. TIES (Training, Intervention, and Evaluation Services) provides a variety of positive behavioral supports for individuals with developmental disabilities who have challenging behaviors. Axel’s main responsibility within TIES is to coordinate Dane County’s Crisis Response program for adults with developmental disabilities, which often requires cooperation with mental health service providers or criminal justice practitioners. Prior to joining TIES, Axel has worked for numerous years as a supported employment professional.

**Paul White** has extensive experience in supporting children and adults with developmental disabilities and has been on staff at the UW Waisman Center since 1986. Paul is the director of the program Community TIES. TIES provides positive supports to persons with developmental disabilities and emotional/behavioral challenges. Paul has developed a series of seminars on subjects related to positive behavioral supports. He has provided these seminars to thousands of providers across Wisconsin; these seminars are regularly included in the curriculum offered through the UW-Extension.
COMMUNITY PROTECTION

Presenter: Patricia Patterson
Location: UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison
Registration Information: $12/session for any person employed by a Dane Co. DD provider/$24 any other
(No charge for staff in identified community protection homes, be sure to mention when you register)
Register online: http://www.cow.waisman.wisc.edu/traincon.html

**Community Protection Module 1 and 2 are mandatory trainings for staff working in identified community training homes. Others are welcome to register as space permits.**

Module 1
Monday, July 14: 9:00 am – 12:00 pm
Academic/Clinical Framework for Understanding and Assessing Risk for the DD Offender
- Who is an offender
- Predisposing factors for becoming an offender
- Antisocial attitudes and behaviors
- Sexual deviance
- Assessing risk
- Assessing need

Module 2
Monday, August 25: 9:00 am – 12:00 pm
Clinical Toolbox for Supporting the DD Offender
- Includes understanding individual offender cycle
- Recognizing and responding to grooming cycle
- Recognizing and resisting team splitting & triangulation

About the Presenter:
Patricia Patterson is a licensed clinical social worker. She has worked at Midwest Center for Psychotherapy and Sex Therapy since 1980. Her psychotherapy practice consists of general psychotherapy, marital and relationship therapy, women's concerns, the treatment of sexual dysfunctions and trauma (rape, child sexual abuse and sex offending.) She also provides psychotherapy to people with developmental disabilities who experience these same issues and concerns.

Pat received her masters in social work from the University of Wisconsin-Madison in 1978. She has been certified by the American Academy of Social Workers since 1980. She has been a Certified Sex Therapist by the American Association of Sex Educators Counselors and Therapists since 1978. She is a past president of the Board of Family Sexual Abuse Treatment, an agency in Dane County that provides coordination of services for families who experience child sexual abuse in the family and current Chairperson of the Training Committee for the Midwest Conference on Child Sexual Abuse.

Between 1985 and 1987 the Wisconsin Council on Developmental Disabilities convened a taskforce identifying issues of sexual abuse of people with developmental disabilities. Pat served on this task force. During this time she provided training around Wisconsin to agencies and support providers. In addition, in 1991 the Council published Doubly Silenced: Sexuality and Sexual Abuse of People with Developmental Disabilities authored by Pat.

In addition to an active therapy practice, Pat is a frequent trainer and consultant to individuals and agencies in Dane County and around the state about issues related to sexual abuse and violence of people who have developmental disabilities.
COMMUNITY PROTECTION

Presenter: Patricia Patterson
Location: UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison
Registration Information: $12/session for any person employed by a Dane Co. DD provider/$24 any other
(No charge for staff in identified community protection homes, be sure to mention when you register)
Register online: http://www.cow.waisman.wisc.edu/traincon.html

Topic Specific Sessions
These trainings are mandatory for all staff working in identified community protection homes. However, these
trainings are also highly relevant to brokers and providers working with individuals who have difficulty
managing their emotions as well as abuse and violence cycles as a result of trauma, attachment issues and
personality disorders. While these Topic Specific sessions compliment Community Protection Modules,
participants do not need to take modules 1 and 2 as a pre-requisite.

1) Exploring Boundaries
Monday, April 7: 9:00 – 11:00 am
Monday, September 15: 9:00 – 11:00 am
Boundaries are understood, sometimes unspoken physical and emotional limits of a relationship. They are a framework
that gives consumers and support providers a range of acceptable, respectful behaviors. We are often unaware of the
signals we give and receive about the relationship. This in-service will explore boundaries and help participants establish
helpful behaviors to set appropriate boundaries.

2) Exploring Boundaries II
Monday, May 5: 9:00 – 11:00 am
Monday, October 13: 9:00 – 11:00 am
Consumers exhibit behaviors that are part of their escalation patterns to aggression and violence. Learn to recognize these
behaviors and identify ways to redirect the consumer’s behavior.

3) Miscellaneous Treatment Concepts and Strategies
Monday, June 2: 9:00 – 11:00 am
Monday, November 10: 9:00 – 11:00 am
This in-service describes some basic concepts that help support providers understand consumers and develop more
effective methods of intervening. Concepts include making a safe relationship, "splitting staff", "triangulating
relationships", managing emotions, abuse and violence cycles of thoughts and behaviors. Techniques include Active
Listening, Managing Emotions, and Coaching New Behaviors.
Adult CPR & First Aid

Instructor: RaeAnn Fahey, American Red Cross Certified Instructor
Location: UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison
Registration Information: Register online: http://www.cow.waisman.wisc.edu/traincon.html
Adult CPR: $15 per person; First Aid: $15 per person; $30 per person for both sessions. Please specify if you would like to attend CPR and/or First Aid when registering. Adult CPR is covered in the first half of the session; First Aid will be covered during the last half of the evening. Space is limited: Enrollment is open only to people working for a Dane County DD Services agency.
Dates & Time: All Classes: 3:30 – 8:30 PM
   Tuesday, April 22  Tuesday, June 3  Tuesday, August 19
   Tuesday, May 13  Tuesday, July 29  Tuesday, September 30

The course content includes recognizing and caring for breathing and cardiac emergencies for adults and heart disease prevention. This training also includes an overview of first aid. Skills include Adult CPR, controlling bleeding; caring for muscle, bone and joint injuries; treating burns; and responding to shock. Upon successful completion of the course requirements, students will receive an Adult CPR and First Aid Certificate. Participants are welcome to bring food, only light snacks will be provided.

Alzheimer’s and Developmental Disabilities

Presenters: Pat Wilson & Danielle Thai, Alzheimer’s Association
Date & Time: Wednesday, September 10: 9:00 to 11:00 am
Location: UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison
Registration Fee: Enrollment is open and free to providers and family members in Dane County
Register Online:http://www.cow.waisman.wisc.edu/traincon.html

Join Danielle Thai and Pat Wilson from the Alzheimer's Association, South Central Wisconsin Chapter, for an informative and practical discussion of Alzheimer's disease and specific issues that arise for people with developmental disabilities. The Alzheimer's Association is a non-profit organization that is designed to provide a link to resources for people with Alzheimer's disease or related dementias. The Association is also deeply concerned with providing support to those who care for persons with dementia. Their mission is to help caregivers take care of themselves as well as provide a quality life for the person with Alzheimer's disease or related dementia.

Pat Wilson started as a volunteer Memory Loss Helpline Specialist at the Alzheimer's Association, South Central Wisconsin Chapter in February 2001. She currently works part-time as a Family Support Specialist. Pat was the primary caregiver for her father who had Alzheimer's disease. She also works part-time as a Support Broker and is the guardian for her oldest brother who is developmentally disabled.

Danielle Thai, CISW, is the Education Coordinator at the South Central Wisconsin Chapter of the Alzheimer’s Association. Danielle has her Master’s in Social Work from the University of Wisconsin-Madison with a focus on health care and aging. She has been with the Alzheimer’s Association for 7 years providing support, education, and resources to individuals, families, and professionals dealing with Alzheimer’s disease and related disorders.

http://www.alzwisc.org/
HEALTHCARE

OSHA/Universal Precautions

Presenter: Linda Bollig
Location: UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison
Registration Fee: $12/session for Dane Co. DD Service Providers
Register online: http://www.cow.waisman.wisc.edu/traincon.html
Dates & Times:
Wednesday, April 9: 9:30 am – 12:00 pm
Friday, April 25: 12:00 pm – 2:30 pm
Tuesday, May 6: 9:30 am – 12:00 pm
Wednesday, May 21: 4:30 – 7:00 pm
Tuesday, June 10: 12:00 – 2:30 pm
Tuesday, June 24: 9:30 am – 12:00 pm
Wednesday, July 9: 12:00 – 2:30 pm
Wednesday, July 23: 9:30 am – 12:00 pm
Wednesday, August 6: 9:30 am – 12:00 pm
Wednesday, August 27: 12:00 – 2:30 pm
Tuesday, September 9: 12:00 – 2:30 pm
Wednesday, September 24: 9:30 am – 12:00 pm

This class meets the requirements for the mandated annual training required by OSHA for support providers whose jobs involve potential contact with blood-borne pathogens. These classes are available to any employee of a Dane County agency that provides residential or vocational support to persons with developmental disabilities in community settings.

Safe Medication Administration

Presenter: Denise Mullen or Carol Morley
Location: UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison
Registration Fee: $12/session for Dane Co. DD Service Providers
Register online: http://www.cow.waisman.wisc.edu/traincon.html
Dates & Times:
Tuesday, April 1: 4:30 – 8:00 pm
Tuesday, April 15: 9:00 am – 12:30 pm
Wednesday, April 30: 12:00 – 3:30 pm
Wednesday, May 14: 9:00 am – 12:30 pm
Wednesday, June 4: 12:00 – 3:30 pm
Wednesday, June 25: 9:00 am – 12:30 pm
Wednesday, July 16: 12:00 – 3:30 pm
Thursday, August 7: 12:00 – 3:30 pm
Monday, August 25: 12:00 – 3:30 pm
Tuesday, September 16: 9:00 am – 12:30 pm

Space is limited. Please call to notify Training & Consultation if you are unable to attend.

Learn the "Do's and Don'ts" about safe medication administration. How can you reduce risk for consumers (and yourself) when handling or taking medications? What questions should you ask about medications? Where can you get answers and information? These classes are available to any employee of a Dane County agency that provides residential or vocational support to persons with developmental disabilities in community settings. The classes are particularly recommended for anyone who is responsible for administering medications or for participating in a medication distribution system.
Health Education for Persons with Prader-Willi Syndrome

**Instructor:** Barb Dorn, RN, BSN

**Location:** UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison

**Registration Fee:** None.

**Register online:** [http://www.cow.waisman.wisc.edu/traincon.html](http://www.cow.waisman.wisc.edu/traincon.html), or call: (608) 265-9440 ext. 440

**Date & Time:**
- 2-Part Session: Wednesdays, April 2 & 9: 6:00 – 7:00 pm
- 2-Part Session: Wednesdays, October 1 & 8: 6:00 – 7:00 pm

People with Prader-Willi syndrome (PWS) have health issues that are unique and often confusing to those who care for them as well as to themselves. This 2-part class will provide teens and adults with this disability a basic understanding of these health issues as well as simple strategies of how to prevent and care for these issues. It will also attempt to give them some tools that will assist them to become health advocates for themselves as they interact with health care professionals. The class is designed to share information in a variety of formats followed by time for “Good Health” BINGO which reinforces concepts presented. Prizes will be awarded at the end of each class.

**Barb Dorn**, RN BSN has served in many roles as an advocate, educator, consultant, and parent of a young man with PWS. She is Registered Nurse at the University of Wisconsin Hospital and Clinics and has extensive knowledge in the health and well being of persons with PWS.

---

**Stamping Classes**

**Presenter:** Dawn Wachtendonk, Stampin’ Up! Demonstrator

**Location:** UW-Waisman Center Outreach: 122 East Olin Avenue, Suite 100, Madison, WI

**Fee:** $5 per person, includes materials

**Register online:** [http://www.cow.waisman.wisc.edu/traincon.html](http://www.cow.waisman.wisc.edu/traincon.html), or call: (608) 265-9440 ext. 440

Learn to stamp while making cards that you can take home and send to others!

---

**Holiday Stamping Class:**

- **Mother's Day**
  - **Date and Time:** Wednesday, April 30: 5:00-7:00 pm
  - Make cards for one or more of the special moms you know in your life!

- **Father's Day**
  - **Date and Time:** Thursday, June 5: 5:00-7:00 pm
  - Do you have or know someone with a great dad? Make a card to let him know for Father’s Day!

---

**Stamping Class: Special Occasion Cards**

Each month, topics will include: *Thank You* cards, *Thinking of You* cards, and *Invitations to a Party*

Coming soon!

---

**About Dawn Wachtendonk:**

I am so fortunate to be a Stampin’ Up! demonstrator which is so rewarding. I get to be creative every day, and also be a creative coach, offering fresh project ideas and encouragement to my family, friends, and groups.

For me, helping someone create that perfect project for a special occasion is the best feeling in the entire world. After all, creating cards, scrapbook pages, and gift items is about more than just stamps and ink—it’s about sharing a part of yourself with the people you love and care about.
LEARNING TOGETHER

Please contact Rachel Weingarten to schedule Safety in the Community and/or Fire Safety at your agency: weingarten@waisman.wisc.edu (608) 890-0777

Safety in the Community

Presenter: Mary Ann Thurber
FREE

Mary Ann Thurber will discuss the following in each session:
- Travel Safety (car, bus, taxi, airplane)
- Home Security (locks, lighting, landscaping, answering machines, property)
- Personal Safety (clothing, 1st Rule of Safety, purses/wallets/bags)
- Environmental Awareness (how to be safe when you are out and about)
- How to Handle Money Safely (banking, ATM’s, sharing information about your money)

We will also role play for assertiveness. Mary Ann will respond to specific questions for consumers, support staff and family.

Mary Ann Thurber has been a police officer with the Madison Police Department for 28 years. She is currently the Crime Prevention Officer.

Fire Safety

Presenter: Eric Dahl
FREE

Eric will discuss the following topics in this informative session:
- What is Fire?
- Fire Stages
- Four Points of Fire (Black, Gases & Smoke, Heat, Time)
- Firefighter Role
- Leading Causes of Fire in our Community & Prevention
- Smoke Detectors, Alarm & Suppression Systems
- Fire Extinguishers
- Evacuation Plans

Eric Dahl is a Community Education Specialist I at the City of Madison Fire Department – Community Education Unit.
http://www.nfpa.org/assets/files/PDF/Forms/EvacuationGuide.pdf

Please contact Rachel Weingarten to schedule Safety in the Community and/or Fire Safety at your agency: weingarten@waisman.wisc.edu (608) 890-0777
INFOSHARE PRESENTS

2nd Annual Fashion Show for All Abilities

Fashion Is for Everyone

Thursday Evening, July 24th 2008
Madison Concourse Hotel
6:30 – 8:30 p.m.

Fashion is for everyone. That means taking care of and feeling good about your self every day. We’ll talk about what this means and how you can do it in your life.

Surprise MAKEOVER!
We will choose two people from the audience for a surprise makeover. Watch out, it could be you!

Do you want to be a part of the show?
Contact Rachel Weingarten to sign up to be a model, an exhibitor or a volunteer. Sign up early, there are a limited number of spots available!
Email: weingarten@waisman.wisc.edu
Call: 608-890-0777

THANK YOU to Last Year’s Retail Participants:
Pendleton Woolen Mills * Maurices * Cache * Wild Child * Atelier-Art to Wear * S&K Famous Brands Menswear * Suzen Sez * Jan Bye Design * Katy’s American Indian Arts * Fat Cat Beads * Indigo Moon * Target

And, special thanks to panel members from Pendleton and Maurices, and hair stylist Bee Khuu, Ananda Salon & Spa

Online: http://www.cow.waisman.wisc.edu/traincon.html

Save the Date!

WATCH FOR REGISTRATION AND OTHER INFORMATION IN THE COMING WEEKS!
An Update on Autism
Presenter: Dr. Tina Iyama-Kurtycz
Location: UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison
Registration Information: $12/session for any person employed by a Dane Co. DD provider/$24 any other
Register online: [http://www.cow.waisman.wisc.edu/traincon.html](http://www.cow.waisman.wisc.edu/traincon.html)
Date & Time: Wednesday, May 28: 1:00 – 3:00 pm

Developmental pediatrician, Tina Iyama, M.D., will give an overview of the concept of autism, review current theories and share her experience with the diagnosis of and interventions for autism. Bring your questions about autism for discussion.

Dr. Iyama is an associate professor of pediatrics at the University of Wisconsin’s School of Medicine and Public Health and has been learning from and trying to help children with developmental disabilities and their families for almost 30 years. She is the author of the article “Care of Adolescents with Autism Spectrum Disorders” recently published by the American Academy of Pediatrics.

Ethics & Boundaries for Supporting People with Long Term Support Needs
Location: UW-Waisman Center Outreach: 122 E Olin Ave. Ste 100, Madison
Registration Fee: $12/session for Dane Co. providers/$24 per person working outside Dane Co.
Register online: [http://www.cow.waisman.wisc.edu/traincon.html](http://www.cow.waisman.wisc.edu/traincon.html)

Presenter: Mark Sweet
Date & Time: Wednesday, Apr 16: 9:00 am – 12:00 pm

Please join us for a lively blend of presentations and interactive discussions on ethics and professional boundaries. Implications for best practices along with strategies for balancing competing principles, priorities and values will be addressed in this session. A certificate verifying completion of the four-hour training requirement in ethics and boundaries for social work licensing will be provided.

Mark Sweet is a Trainer and Consultant with Disability Rights Wisconsin (DRW). In this role, he works with school districts, supported employment and supported living organizations, consumer and parent groups, long term care programs and others. The emphasis of Mark's work is to help people refine and individualize their support by focusing on learning strengths, and by encouraging people to imagine what it's like to be the person receiving support. Prior to joining DRW, Mark worked as a special education teacher and university instructor in teacher education.

Presenter: Pamela Phillips Olson
Date & Time: Wednesday, Sept 17: 8:30 am – 12:30 pm

This will be an interesting and interactive workshop tailor-made for professionals in the field of long term support. The workshop fulfills Social Work continuing education license requirements and emphasizes reasonable, well thought-out responses to questions of professional ethics and boundaries. The program includes whole group discussion as well as smaller forums for examining ethical considerations. Self care and supportive consultation will be examined as tools for prevention of violations.

Pamela Phillips Olson is an M.S.W., L.C.S.W., with over 30 years of experience. She received her BA from Hunter College and her Masters from Yeshiva University's Wurzweiler School of Social Work, both in NYC. She has earned a certification in Trauma Counseling and in Corporate Counseling from UW-Milwaukee. In over thirty years of experience she has worked in community mental health centers, an inner-city high school, as the director of an early intervention program and as leader of a statewide parent-professional work group. Currently she is working at Jewish Social Services as a Group Coordinator and Case Worker and is in private practice with Midwest Center for Psychotherapy and Sex Therapy, where she works with people through the life span. She does marriage and family counseling as well. She presents workshops on a variety of topics to community agencies such as Dane County Human Services, Madison and Verona Schools, the clinical section of NASW and other professional organizations. More information on Pamela Phillips Olson can be found at her website: [www.pamelaphillipsolson.com](http://www.pamelaphillipsolson.com)
V.A.L.U.E.S.

Sign Language Basics: Level 1

Instructor: Sue Lindberg
Location: 122 East Olin Avenue, Suite 100, Madison
Registration Fee: $12/session for any person employed by a Dane Co. DD provider/$24 any other
$5 self advocates & consumers

Register online: http://www.cow.waisman.wisc.edu/traincon.html

Dates & Times: This is a 3-part series:
Summer Session: Fridays, May 30, June 6 & June 13: 1:00 – 3:00 pm
Fall Session: Fridays, Sept 5, 12 & 19: 1:00 – 3:00 pm

Have you wanted to learn sign language? Do you have friends, family members, people you support, etc., who communicate with sign language? Then you won't want to miss this two part workshop that will provide you with a solid introduction to sign language that you can then build upon and use for the rest of your life. This workshop is geared for staff and consumer beginners as well as anyone who has some experience with sign language and wishes to brush up on their skills.

Sue Lindberg loves to teach children and adults sign language, the alphabet in sign, everyday phrases they might use in sign, and do stamping projects making cards with her stamp and ink kits. Currently she is teaching with the After School program at quite a few elementary schools during the school year, some preschools...the kids enjoy learning something new and fun, and really like being around Sue.

Teaching / Coaching Adults with Developmental Disabilities

Presenter: Mark Sweet
Date & Time: Tuesday, September 23: 9:00 am – 12:00 pm
Location: UW-Waisman Center Outreach: 122 E. Olin Ave., Ste. 100, Madison
Registration Fee: $12/session for any person employed by a Dane Co. DD provider/$24 any other
Register online: http://www.cow.waisman.wisc.edu/traincon.html

Direct support workers are supposed to help people become more functional around the house, at work, in the community, recreationally, and socially. Reasonable questions are: What should I teach first? What can s/he already do? When should I help/ when should I move away? How should I help? Reports often say, she needs 1:1 contact all day or he needs constant prompting. Those comments might describe the strategies used by the person who wrote the report rather than accurately reflect the strategies that help a person to learn. During this session, you will learn to create your own simple and practical activity specific assessment tools that can be used to decide what to teach, how to assess progress, and how to match your coaching efforts to individual learning strengths.

Mark Sweet is a Trainer and Consultant with Disability Rights Wisconsin (DRW). In this role, he works with school districts, supported employment and supported living organizations, consumer and parent groups, long term care programs and others. The emphasis of Mark's work is to help people refine and individualize their support by focusing on learning strengths, and by encouraging people to imagine what it's like to be the person receiving support. Prior to joining DRW, Mark worked as a special education teacher and university instructor in teacher education.
### April 2008

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>2</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Safe Medication Administration 4:30-8pm</td>
<td>Prader-Willi Health Education 6-7pm</td>
<td>AFH Recognition Dinner 5:30-8:30pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td>Community Protection: Boundaries 9-11am</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>OSHA 9:30am-12pm</td>
<td>Prader-Willi Health Education Pt. 2 6-7pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Safe Medication Administration 9am-12:30pm</td>
<td>Ethics and Boundaries 9am-12pm</td>
<td></td>
<td>Managing Threatening Confrontations, Pt. 2 8:45am-3:30pm</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td></td>
<td></td>
<td>CPR/First Aid 3:30-8:30pm</td>
<td></td>
<td></td>
<td>OSHA 12-2:30pm</td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Safe Medication Administration 12-3:30pm</td>
<td>Stamping Class 5:00-7:30pm</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### May 2008

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>4</td>
<td>5</td>
<td>Community Protection: Exploring Boundaries II 9-11am</td>
<td>OSHA 9:30am-12:00pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
</tr>
<tr>
<td></td>
<td></td>
<td>CPR/First Aid 3:30-8:30pm</td>
<td>Safe Medication Administration 9:00am-12:30pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>OSHA 4:30-7pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
</tr>
<tr>
<td>Memorial Day</td>
<td></td>
<td></td>
<td>Update On Autism 1:00-3:00pm</td>
<td>Managing Threatening Confrontations 8:45am-3:30pm</td>
<td>Sign Language Session 1 (Part 1 of 3) 1:00-3:00pm</td>
<td></td>
</tr>
</tbody>
</table>
### JUNE 2008

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2 Community Protection: Misc. Treatment Concepts &amp; Strategies 9-11am</td>
<td>3 CPR/First Aid 3:30-8:30pm</td>
<td>4 Safe Medication Administration 12-3:30pm</td>
<td>5 Stamping Class 5:00-7:00pm</td>
<td>6 Sign Language Session 1 (Part 2 of 3) 1:00-3:00pm</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10 OSHA 12-2:30pm</td>
<td>11</td>
<td>12</td>
<td>13 Sign Language Session 1 (Part 3 of 3) 1:00-3:00pm</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24 OSHA 9:30am-12:00pm</td>
<td>25 Safe Medication Administration 9am-12:30pm</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4 Independence Day</td>
<td>5</td>
</tr>
</tbody>
</table>

### JULY 2008

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>29</td>
<td>30</td>
<td>1 Client Rights Seminar 8:45am-4:00pm</td>
<td>2</td>
<td>3</td>
<td>4 Independence Day</td>
<td>5</td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td>8 OSHA 12-2:30pm</td>
<td>9 OSHA 12-2:30pm</td>
<td>10</td>
<td>11 Sign Language Session 2 (Part 1 of 3) 1:00-3:00pm</td>
<td>12</td>
</tr>
<tr>
<td>13</td>
<td>14 Community Protection: Module 1 9:00am-12:00pm</td>
<td>15 Safe Medication Administration 12-3:30pm</td>
<td>16</td>
<td>17</td>
<td>18 Sign Language Session 2 (Part 2 of 3) 1:00-3:00pm</td>
<td>19</td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22 OSHA 9:30am-12:00pm</td>
<td>23</td>
<td>24</td>
<td>25 Sign Language Session 2 (Part 3 of 3) 1:00-3:00pm</td>
<td>26</td>
</tr>
<tr>
<td>27</td>
<td>28</td>
<td>29 CPR/First Aid 3:30-8:30pm</td>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Sunday</td>
<td>Monday</td>
<td>Tuesday</td>
<td>Wednesday</td>
<td>Thursday</td>
<td>Friday</td>
</tr>
<tr>
<td>---</td>
<td>--------</td>
<td>--------</td>
<td>---------</td>
<td>-----------</td>
<td>----------</td>
<td>--------</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
</tr>
<tr>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
</tr>
<tr>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
</tr>
</tbody>
</table>

**AUGUST 2008**

- **Managing Threatening Confrontations** 8:45am-3:30pm
- **OSHA** 9:30am-12:00pm
- **Safe Medication Administration** 12:30pm-3:30pm

**SEPTEMBER 2008**

- **Community Protection: Module 1** 9:00am-12:00pm
- **Safe Medication Administration** 12:30pm-3:30pm
- **OSHA** 12:00-2:30pm
- **Alzheimer's and Developmental Disabilities** 9-11am
- **Ethics & Boundaries** 8:30am-12:30pm
- **Managing Threatening Confrontations** 8:45am-3:30pm
- **CPR/First Aid** 3:30-8:30pm
- **Health Education Class for Persons with PWS, Pt. 1 of 2** 6-7pm
The Waisman Center Training and Consultation conference center is conveniently located off the Beltline (Hwy 12 and 18) by exiting at John Nolen Drive and turning left on E Olin Avenue.